

LIFELONG WELLNESS BEGINS HERE!

Hunterdon Health & Wellness Centers
Health & Wellness Fair & Open House



FREE WORKOUTS!

**FRIDAY, APRIL 13TH THROUGH
THURSDAY, APRIL 19TH**

**ATTEND OUR OPEN HOUSE
THURSDAY, APRIL 19TH | 4:00 P.M. - 8:00 P.M.**

- Special Incentives for Joining
- Health Information
- Screenings
- Fitness Consultations
- Door Prizes

CLINTON HEALTH CAMPUS

5:00 p.m. Yoga
6:00 p.m. Zumba
6:05 p.m. No Bar Barre
6:30 p.m. Power Cycle
7:00 p.m. BodyFlow
7:00 p.m. Sweat Garage

Heartsaver CPR 6:00 p.m. - 9:00 p.m.
Call 908-788-6614 for pricing and registration.

WHITEHOUSE STATION

4:30 p.m. No Bar Barre
5:30 p.m. Body Combat
5:30 p.m. Power Cycle
6:30 p.m. Yoga
6:45 p.m. Water Aerobics
7:30 p.m. Pound

Chair Massages 5:30 p.m. - 7:30 p.m.

For more information visit: HunterdonHealthcare.org/WellnessCenters

Clinton
1738 Route 31 North
908-735-6884



Hunterdon Healthcare

Your full circle of care.

Hunterdon Health & Wellness Centers
of Clinton and Whitehouse Station

Whitehouse Station
537 Route 22 East
908-534-7600