

WHITEHOUSE - AQUATICS - OCT

5 Lane Lap Pool
Length = 50 Feet
106 Lengths = 1 Mile

PHONE:
908.534.7600

Revised: 9/29/2017

MONDAY

6:00-8:00am **ALL LANES OPEN**
 8:15-9:15 * **Group Aquatics/Shirley**
 9:15-10:00 **ALL LANES OPEN**
 10:00-11:00 * **Group Aquatics/Kathleen**
 11:15-12:00pm* **Arthritis Aquatics/Rachel**
 12:00-3:30 **ALL LANES OPEN**
 3:30-7:00 *** **Group Swim Lessons**
 7:00-9:15 **ALL LANES OPEN**

TUESDAY

6:10-7:10am *** **Group Aquatics/Nancy**
 7:10-9:00 **ALL LANES OPEN**
 9:00-10:00 * **Group Aquatics/Shirley**
 10:15-11:15 * **Group Aquatics/Shirley**
 11:45-6:45pm **ALL LANES OPEN**
 6:45-7:45 * **Gr. Aquatics/Shelby**
 7:45-9:15 **ALL LANES OPEN**

WEDNESDAY

6:00-10:00am **ALL LANES OPEN**
 10:00-10:45 **Arthritis Aquatics/Elaine**
No Swim Lanes Available 10-10:45am
 11:00-3:30pm **ALL LANES OPEN**
 3:30 -7:00 *** **Group Swim Lessons**
 7:00-9:15 **ALL LANES OPEN**

THURSDAY

6:00-9:00 **ALL LANES OPEN**
 9:00-10:00 * **Group Aquatics/Shirley**
 10:00-11:00 ** **Volleyball**
 11:00-4:00pm **ALL LANES OPEN**
 3:30-6:30 *** **Group Swim Lessons**
 6:45-7:45 * **Aquatics Boot Camp/Beth**
 7:45-9:15 **ALL LANES OPEN**

FRIDAY

6:00-8:45am **ALL LANES OPEN**
 8:30-9:30 * **Group Aquatics/Shirley**
 9:45-10:30 * **Arthritis Aquatics/ Rita**
 10:30-11:00 ** **Special Education Swim (1st Fri)**
 11:00-3:00pm **ALL LANES OPEN (except 3rd Fri)**
 1:30-2:00 ** **Special Education Swim(3rd Fri)**
 3:30-7:00 *** **Group Swim Lesson**
 7:00-8:45 **ALL LANES OPEN**

SATURDAY

7:00-8:30 am **ALL LANES OPEN**
 8:30-12:30pm *** **Group Swim Lessons**
 12:30-5:45 **ALL LANES OPEN**

SUNDAY

8:00am-4:45pm **ALL LANES OPEN**



Specialty Programs
Arthritis Aquatics
 (nonmembers - add't fee)

◆ AT LEAST ONE LANE is available for lap swimming at all times during programming with the exception of Weds 10-10:45am.

◆ The * represents the minimum number of lanes available at the time listed.

◆ Due to the number of participants in classes, lane availability may change.

◆ Occasionally *private* swim lessons may utilize individual lane space.

◆ Children under the age of 12 are not allowed in the pool outside of private or group lesson times.