

# SUMMER OF 2019 POWER CYCLE CHALLENGE

*Dates: 6/3/19 – 8/11/19*



We are getting ready to roll out our annual summer **Power Cycle Challenge for 2019**. We'll be "Riding the National Parks!"

We hope you will join us in this fun activity! Please see below for details.  
Handouts for this challenge are in the Power Cycle room. Please ask your instructor.

## **How to play:**

We are riding through 24 states visiting national parks this summer. Each class has a state assigned to it. Some are duplicates which can be counted in your totals **only after** riding through all 24 states. Within these states are National Parks which we will be discussing and exploring together.

## **Goal:**

To ride as many **different** states as possible throughout the 10-week challenge. The class grid is your guide to the states designated for each class. Use the grid to keep track of the classes you attend checking them off as you complete them (if you take a class in both facilities, take one of each). Check off the day and time of the class on the front and the state on the back. Each participant is responsible for their own grid which will be submitted to a Power Cycle instructor upon completion of the challenge, no later than 8/18/19.

## **How the tickets will be distributed:**

10 different states: 1 ticket

15 different states: 2 tickets

20 different states: 3 tickets

24 different states: 4 tickets

\*Over 24 states: 1 extra ticket for each extra state \*(these will be duplicate states)

Drawing for prizes will be held on 8/23/19!! Good luck!



**Hunterdon Healthcare**

Your full circle of care.

Hunterdon Health & Wellness Centers